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Bring me sunshine – five more breaks

Gran Canaria

Bring out your inner bear by cosying up in a cave – albeit a very chic one. Walking specialist Upland Escapes has just launched trips to Artenara, the island's highest and most remote village, where guests can sleep in troglodyte-style houses. From £345pp for three nights, including car hire, walking boots, breakfast and packed lunch.

01367 851 111, uplandescapes.com.
Monarch Airlines (08700 405 040, flymonarch.com) flies Heathrow-Las Palmas from £150 return.