

# Give your trip the r:t x factor

From the value-for-money option of a self-catering eco-break in Yorkshire to the once-in-a-lifetime experiences of New Zealand, the Himalaya or Antarctica, here's our pick of holidays that have the *r:travel* x factor

## ACTIVE

### **13 WALKING HOLIDAY IN ABRUZZO, ITALY**

Stay in a traditional cottage or farmhouse b&b in the tiny mountain village of Decontra in the Majella National Park and enjoy a variety of self-guided and organised walks – through alpine meadows and beech forests, to dramatic gorges and mountain-tops. Lavish daily packed lunches include cheeses from Decontra's shepherds, and vegetables, honey and eggs sourced from village gardens.

**r:t x factor** Help to support rural mountain communities in decline.

**Cost** Seven nights, with Upland Escapes, from £645 per person, including hire car (carbon neutral) and the services of a local manager.

[www.responsibletravel.com/abruzzo](http://www.responsibletravel.com/abruzzo)

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